

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE

AASHAYEIN

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER



Episode 3

VOLUME 38
4TH WEEK MARCH 2026
PEACE BUILDING & CONFLICT PREVENTION MONTH

ROTARY REFLECTIONS:
VOICES OF THE WHEEL



THE PAUL HARRIS SERIES

Room 711 – The First Meeting



The first Rotary Club was founded by Paul P. Harris, Gustavus Loehr, Silvester Schiele, and Hiram E. Shorey on February 23, 1905, in Chicago.

District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

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The Birth of an Idea that Changed the World

It was a cold winter evening in Chicago—23rd February 1905. The city was bustling, fast, and full of ambition, yet for many, it lacked something deeper—connection. On this very night, in Room 711 of the Unity Building, Paul Harris took a step that would quietly shape the future of the world. He wasn't alone. Sitting beside him were three men from very different professions—each bringing their own story, yet united by a shared need for friendship and trust:

- Gustavus Loehr, a mining engineer
- Silvester Schiele, a coal dealer
- Hiram Shorey, a tailor

This was not a formal meeting. There were no speeches, no grand plans, and no intention of creating a global organization. It was simple—four men sitting together, talking, sharing, and connecting. But what made this gathering special was a simple idea. Paul Harris suggested that instead of meeting at the same place each time, they would rotate their meetings among their offices. In doing so, every member would host, and each would gain a glimpse into the other's world. From this small yet thoughtful concept came the name—Rotary.

More than just a meeting, this was the beginning of a new way of thinking. A space where professionals were not competitors, but friends. A circle where trust was built, ideas were shared, and relationships mattered more than transactions.

What began in Room 711 soon started to grow. Each member invited another, and the circle expanded. The warmth Harris had once experienced in his childhood village slowly came alive again—this time, in the heart of a great city. None of them could have imagined that this small gathering would one day grow into a global movement, touching millions of lives across the world.

That night, there were no headlines. No celebrations. Just a quiet beginning. But sometimes, the most powerful movements begin not with noise— but with a simple conversation among friends.

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4th week March 2026

**DISEASE PREVENTION & TREATMENT
ANNAPURNA , ECONOMIC COMMUNITY SERVICE**



SMILE BOX ANNAPURNA : WHEN CELEBRATION MEETS COMPASSION

RCMSEP successfully conducted the Smile Box Annapurna initiative at Dignity Foundation on 25th March 2026, beautifully hosted by Rtn. Sunita Sharma to celebrate her grandson Ahan Sharma's birthday in a meaningful way by serving a wholesome lunch to around 95 senior citizens. The event, filled with prayers, joy, and heartfelt blessings, reflected the true spirit of compassion, turning a personal celebration into a touching act of service and spreading smiles, dignity, and warmth.



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UPCOMING EVENTS

Rotary CLUB OF MUMBAI SHER-E-PUNJAB

supports
The Humsafar Trust

Supporting the **The Humsafar Trust**
Supporting the **LGBTQ+** community & their families
who are often overlooked by society.

Kit Distribution Drive at Kalina Center

- Each Kit Includes:-

- Mix Dry Fruits 100 gm
- Poha 250 gm
- Soap (Washing & Bath)
- Basmati Tutka Rice (4 kg)
- Sev 1 packet
- Groundnut 250 gm
- Oil 1 Litre
- Ghee

Cost per Kit: ₹ 800 Target: 50 Kits

Please come forward and donate. Even one kit will make a great impact and support those in need.

Distribution Date: **31st March**
Time: **4:00 PM**

Let's bring dignity and support to those in need.

Rotary Club of Mumbai Sher-E-Punjab
President: Rtn. Minishaa I Oberoi
Project Lead: Rtn. Kiran Srivastava

31st March

SIKH CULTURAL ASSOCIATION
Presents
VAISAKHI NIGHT 2026

Lead Host:
Rotary Club of Mumbai Sher-E-Punjab

Come join us as we celebrate the Harvest Festival
& the Birth of Khalsa !

Join us for an unforgettable evening of joy,
culture, music, and celebration!

Sunday, April 12, 2026 7:00 PM - 11:30 PM
Hotel Goldfinch, MIDC,
Andheri East, Mumbai - 400093

Highlights of the Evening:

- Live Bhangra & Gidda
- Traditional Music
- Dhol Beats
- Cultural Displays

Limited Passes Available
First Come, First Serve

For details contact : Rtn. Minishaa I Oberoi - 932226475
Rtn. Jotinder S Ahluwalia - 9323797564

12th April

Rotary CLUB OF MUMBAI SHER-E-PUNJAB

Invites You To
**INAUGURATION OF THE
SCIENCE LAB**
at Guru Nanak English High School

Date: 6th April 2026
Time: 11:00 AM
Venue: Guru Nanak English High School
Andheri East, Sher-e-Punjab

Science equipment for the lab sponsored by
the Ahluwalia Family

We look forward to your gracious presence

Rtn. Minishaa Oberoi
President

6th April

GUR SAMARATH FOUNDATION &
Rotary Club of Mumbai Sher-E-Punjab

VASTRA MELA

Jeans, Dress, Coat, Pants, T-Shirts,
Sarees, Salwar Kameez, Kurta, Bags

Sale • Sale • Sale

सोमवार से शुकवार तक खुला समय :
12:30 PM से 2:30 PM तक

Venue: Plot No. 153, Pritam Apartment
Near Tolani College Sher-E-Punjab Society
Mahakali Caves Road
Andheri East, Mumbai

Contact: Minishaa I. Oberoi 932226475

ROTARY CLUB OF
MUMBAI SHER-E-PUNJAB

Invites you to its
**BOD & CLUB ASSEMBLY
(QUARTER 3)**

Date: 9th April 2026
Time: 7:00 PM onwards
Venue: Sher-e-Punjab Gymkhana,
Poolside Banquet

AGENDA

To review its performance
We look forward to your gracious presence.

Rtn. Minishaa I. Oberoi
President

9th April

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The Happy Wheel - Fun Corner

WHAT WORD CAN FOLLOW ALL THREE BLANKS?



1 Air _____
Dead _____
Head _____

?

2 Lime _____
Sand _____
Key _____

?

3 Pop _____
Rock _____
Film _____

?

4 Class _____
Team _____
Room _____

?

5 High _____
Sub _____
Path _____

?

6 Foot _____
Swim _____
Night _____

?

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Flavours of Fellowship


Cucumber Hummus Bites

Ingredients

- 1 large cucumber (cut into thick slices)
- 1 cup hummus
- Cherry tomatoes (chopped)
- Paprika / chili flakes
- Olive oil drizzle



Instructions

1. Arrange cucumber slices.
 2. Add a spoon of hummus on each.
 3. Top with tomatoes + sprinkle paprika.
 4. Drizzle olive oil and serve chilled.
-  Crunchy, cooling, and super healthy.

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Cucumber Hummus Bites



*Recipe by :
Rtn. Vikas Dave*

Cucumber Hummus Bites are a refreshing and healthy snack, with cucumbers made up of about 95% water, making them perfect for hydration. An ancient Middle Eastern dish made from chickpeas, it adds a boost of protein, while the no-cook recipe makes it quick and easy to prepare.

Get your recipe featured in next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher

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The Happy Wheel - Fun Corner

ANSWERS:

WHAT WORD CAN FOLLOW ALL THREE BLANKS?



Rtn. Sunita Gandhi
Rtn. Deepak Wadhwa

1 Front _____
Door _____
Two _____

Way

2 Gun _____
Ball _____
View _____

Point

3 Tooth _____
Hair _____
Nail _____

Brush

4 Any _____
Life _____
Mean _____

Time

5 Farm _____
Ware _____
Tree _____

House

6 Lady _____
Thunder _____
Black _____

Bird

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Quote of the Week

**This is a changing world; we must
be prepared to change with it.**

Paul Harris
Rotary Founder



Thank you for being a Rotarian

Aashayein Editorial Board

Rtn. Minishaa I Oberoi

Rtn. Seema Bhoocher

Rtn. Jotinder S Ahluwalia

Rtn. Aarti Jadhav

Rtn. Jasjit Bhatia

Rtn. Jasbeer Nagi